Second Season Updates

Second Season is slowly opening its doors on a more regular basis! Jan and the team are looking forward to getting Halloween decor up in the coming weeks and so appreciate seeing the community’s faces when they stop by.

Second Season is looking for more volunteers to help support the daily operations of the store. If you are interested in working as a cashier at Second Season (we are taking immense Covid precautions), please apply online at: fishlinehelps.org/get-involved/volunteer.

Second Season is open Monday, Wednesday and Friday: 11:00am - 3:00pm
Donations for Second Season are accepted at Fishline on Tuesday, Thursday, and Saturday: 10:00am - 2:00pm

WAYS TO HELP

Give Online
www.fishlinehelps.org/donate

Get Involved
www.fishlinehelps.org/get-involved

Amazon Smile
To support the newsletter’s printing, shop at Amazon here: bit.ly/helpfishline

Give by Mail
North Kitsap Fishline
PO Box 1517
Poulsbo, WA 98370

“Lettuce” Give Thanks: Hydroponic Gardens at Fishline

By Alane Basco-Yu

Hydroponics is the practice of growing plants using only water, nutrients, and a growing medium. Dating back to the Hanging Gardens of Babylon and the floating gardens of China, hydroponic gardening has been known to be one of the most popular and efficient ways of growing foods like lettuce, tomatoes, and even cucumbers!

Hydroponic gardening has found its way to Fishline through system designer and founder of Rolling Vert, Jeffery Dale. Since the end of July, Dale has been donating weekly harvests of hydroponically grown lettuce to our Fishline Market. Using hydroponic gardening methods, Dale was able to harvest and donate 12lbs during week 1 and 15lbs during week 2, exceeding his weekly harvesting expectations! Compared to traditional soil-based gardens, Fishline’s hydroponic garden uses 90% water to grow all produce, increases efficiency and effectiveness. This method allows for Fishline to produce anywhere from 3 to 10 times more produce in the amount of space as a traditional garden. As a result, Fishline has been able to grow 520 heads of lettuce every 30 days! This process is self-contained, self-sustaining, and weather friendly since Fishline houses the garden indoors. Thus, clients will have access to fresh lettuce year round!

We are so grateful to have produce from the hydroponic garden as an offering for our clients. “Lettuce” give a huge thank you to Jeffery Dale for growing and donating to the Fishline market and sharing with us his insights into hydroponic gardening.

VOLUNTEER SPOTLIGHT

The Young and the Famous

This month, Fishline is incredibly excited to highlight some of our youngest volunteers - Jack and Ellie Lewis. The siblings started with Fishline alongside their family members, and have found friendship and satisfaction in the chance to give back to their community. “I enjoy helping people,” says Ellie. “I believe that it’s important to give back, and Fishline is special because you can directly see the impact of your work in the Food Bank. It’s easy to see the impression you make in people’s lives.” Jack has appreciated the chance to learn real-world business skills alongside his school work. He recommends volunteering at Fishline for the opportunity to meet great people and get experience working for a nonprofit.

Jack and Ellie, we so appreciate you! Thank you for being part of Fishline!

Interested in Volunteering? Volunteers must be 16 years old to work with our team – Visit fishlinehelps.org/get-involved/volunteer
Gwen Rose & Why We Give  
by Dani Wasia

In 2009, Gwen Rose joined the Fishline family by happenstance. Gwen dropped by to donate some goods, and upon asking the volunteers when she could start helping, she was met with “right now!” After a lifetime of teaching Gwen found a family with Fishline and has been a staunch supporter ever since. I spoke with Gwen about why she gives, and in our conversation I found love, kindness, and optimism. From supporting the Fishline staff to giving GED candidates math lessons, she has shared an immeasurable amount of love with Fishline. When asked why she cares for our organization so deeply, Gwen says Fishline doesn’t turn people away. Most of the clients who come are truly in need, and with Fishline’s help they are able to pull themselves up and move forward into a place where they don’t need Fishline anymore. It is a place where the people who work here are here because they want to help people.

A Fresh Start at Fishline  
by Lauren Beck

With the launch of Fishline’s mobile shower pilot program, we are thrilled to expand our safety net to address emerging needs at this unprecedented time. We are excited to collaborate with Kitap Rescue Mission and the City of Poulsbo to provide this service. Lauren Beck, Fishline’s Mobile Shower project lead states, “Not only is it a human right to be clean, but showers provide a wide range of physical, mental, and emotional benefits. Showers support good hygiene, as well as the confidence and acceptance needed to connect with society. With this program, we hope to expand Fishline’s community and work people closer together.”

A Parking Spot Can Change a Life  
by Emily Klein

The loss of a job. An unexpected medical bill. A separation or divorce. These are just a few of the reasons someone might suddenly find themselves without a home. Many of our community are one crisis away from losing their housing. While some may be able to stay with family and friends until they can find their footing, others are forced to find shelter wherever they can. For our neighbors who live in their vehicles, having a safe place to park overnight can make all the difference. Fishline’s Safe Park program gives participants the security of a safe, predictable overnight parking spot with access to bathroom facilities, as well as supportive services to help them find housing.

The ability to sleep through the night without fear of harassment, to use the restroom in privacy and dignity, and to access case management helps our participants transition from crisis to stability, knowing that they are supported every step of the way. For over a decade we have partnered with local faith communities who offer their parking facilities in support of our Safe Park program. The ability to sleep through the night without fear of harassment, to use the restroom in privacy and dignity, and to access case management helps our participants transition from crisis to stability, knowing that they are supported every step of the way. For over a decade we have partnered with local faith communities who offer their parking facilities in support of our Safe Park program. The ability to sleep through the night without fear of harassment, to use the restroom in privacy and dignity, and to access case management helps our participants transition from crisis to stability, knowing that they are supported every step of the way.