

Kitsap County's Mental Health & Crisis Support Lines

Kitsap County Crisis Line 1-888-910-0416

National 1-800-273-8255 (TALK)

The Coffee Oasis Teen Crisis Text Line 360-377-5560

Text line is for any youth age 13-25 years old who is experiencing a crisis or just needs to talk.

YWCA 24-Hour Domestic Violence Hotline 1.800.500.5513

or **Text Line 360.277.7607**

Scarlet Road's Survivor Support Line 360-362-5143

Survivor's Support Line for anyone who is or has experienced sexual exploitation.

National Suicide Prevention Lifeline 1-800-273-8255

Veterans Crisis Line 1-800-273-8255 (Press 1)



"Solitude is fine but you need someone to tell that solitude is fine."

Honoré de Balzac