



Fishline's Shopping List of Most Needed Items

Non-Perishable Food Items

- Rice
- Pasta (spaghetti, elbow, rotini, etc.)
- Macaroni and cheese
- Hamburger Helper
- Ramen
- Canned Goods (fruit, soup, beans, tomato sauce, vegetables, chili – cans with pop tops preferred)
- Breakfast cereal
- Oatmeal
- Peanut butter
- Jam/jelly
- Condiments

Perishable Food Items

- Produce (carrots, celery, broccoli, onion, potatoes, apples, etc.)
- Bread (sliced)

Cooking/Baking Items

- Vegetable oil
- Sugar
- Brown sugar
- Flour
- Masa
- Spices

Baby Items

- Wipes
- Baby food
- Formula
- Diapers (sizes: newborn, 3,4,5,6)
- Kid friendly body wash/shampoo

NPA* Friendly Items

- Ready to heat soups (microwaveable)
- Granola bars
- Protein bars
- Protein drinks
- Jerky
- Drinks

Non-food Items (Year Round)

- Toothbrush/toothpaste
- Dental floss
- Shampoo, conditioner, soap, body wash
- Toilet paper
- Adult diapers
- Hygiene wipes
- Hygiene products (pads, tampons)
- Hairbrushes, combs

*NPA refers to community members with "no permanent address."

Food donations that are not expired and are unopened, may be dropped off at Fishline Monday through Friday during the following hours:

Monday to Saturday, 10am to 5pm

Fishline is located at 19705 Viking Ave NW, Poulsbo. Questions? Email jessica@fishlinehelps.org or visit our website at www.fishlinehelps.org.